

**MMAC Cross Country Championships**  
**held at Droitwich on Sunday 22nd January 2012**  
**Results for 8km Men 35 to 64**

Pos	Time	Name	Club	Age	Team
1	0:29:26	ALDRIDGE, Michael	Rugby & Northampton AC M35	M35	1
2	0:29:43	BAZELL, Steve	Stoke AC M35	M35	2
3	0:29:53	KENDERDINE, Tom	Halesowen C&AC M35	M35	3
4	0:30:13	HUSSEY, Andrew	Cheltenham & Cty H M45	M45	1
5	0:30:44	WILKS, Adam	Worcester AC M35	M35	4 1st M35
6	0:30:51	WILTON, Andy	Staffs Moorlands AC M45	M50	1
7	0:30:55	RILEY, Darren	Sparkhill H M45	M45	2
8	0:31:05	ROBINSON, Ronald	Cheltenham & Cty H M45	M50	2
9	0:31:12	SPELLMAN, Greg	Rugby & Northampton AC M45	M45	3
10	0:31:16	MCNEILL, Andrew	Long Eaton RC M45	M45	4 1st M45
11	0:31:21	MILES, Warren	Worcester AC M35	M45	5 1st M35
12	0:31:33	SMITH, David	Wolverhampton & Bilston M35	M40	1
13	0:31:48	O'SULLIVAN, Richard	Tipton H M35	M35	5 2nd M35
14	0:31:54	LESTER, Paul	Cannock & Staffs AC M35	M40	2
15	0:32:04	ROGERS, Paul	Tipton H M45	M45	6 3rd M45
16	0:32:31	FOX, Robert	Long Eaton RC M45	M50	3 1st M45
17	0:32:46	PINCHER, Ian	Wolverhampton & Bilston M35	M45	7
18	0:32:53	SHACKLETON, Paul	Clayton le Moors H M45	M45	8
19	0:32:56	PETERS, Michael	Coventry Godiva H M45	M50	4 2nd M45
20	0:33:00	BULLOCK, Phillip	Worcester AC M35	M35	6 1st M35
21	0:33:04	TWEEDIE, Carson	Cobra AC M35	M35	7
22	0:33:13	BOWER, Craig	Leamington C & AC M45	M45	9
23	0:33:18	TAWNEY, Nick	Leamington C & AC M45	M50	5
24	0:33:23	STANIER, Ray	Tipton H M45	M55	1 3rd M45
25	0:33:25	IVENS, Peter	Derby AC M45	M50	6
26	0:33:41	BRUNT, Martyn	Coventry Godiva H M35	M40	3
27	0:33:43	BRITTAİN, Richard	Tipton H M35	M40	4 2nd M35
28	0:33:48	SLEVIN, Martin	Coventry Godiva H M45	M45	10 2nd M45
29	0:33:59	HEATHCOCK, Laurence	Tipton H M35	M40	5 2nd M35
30	0:34:02	ANDERSEN, Howard	Coventry Godiva H M45	M50	7 2nd M45
31	0:34:11	GOWER, Ian	Coventry Godiva H M45	M45	11
32	0:34:15	NORMAN, David	Dudley & Kingswinford AC M35	M40	6 3rd M35
33	0:34:25	PARK, Bob	Kidderminster & Stourport M55	M55	2
34	0:34:29	ROBERTS, Stephen	Oswestry Olympians M55	M55	3
35	0:34:58	BRISTER, Simon	Matlock AC M55	M60	1
36	0:35:07	DANIELS, David	Cobra RC M55	M55	4
37	0:35:24	WILLIAMS, Andrew	Tipton H M35	M40	7 2nd M35
38	0:35:31	MOREY, Adrian	Dudley & Kingswinford AC M35	M50	8 3rd M35
39	0:35:51	BANKS, Peter	Coventry Godiva H M45	M60	2
40	0:35:55	WILKINSON, Richard	Long Eaton RC M45	M50	9 1st M45
41	0:36:01	PAVIOUR, Mark	Croft Ambrey AC M45	M45	12
42	0:36:02	PARRY, Matthew	Coventry Godiva H M35	M40	8
43	0:36:03	KENNARD, Robert	Dudley & Kingswinford AC M35	M45	13 3rd M35
44	0:36:43	LANCKHAM, Kevin	Bromsgrove & Redditch AC M45	M45	14
45	0:37:33	SPENCER, David	MMAC M45	M50	10
46	0:37:34	WEAVER, James	MMAC M55	M55	5
47	0:37:43	HOMER, Mark	Dudley & Kingswinford AC M35	M50	11 3rd M35
48	0:38:21	HERINGTON, Steve	Hereford Couriers M55	M60	3
49	0:38:46	MONTGOMERY, Alex	Leamington C & AC M55	M55	6
50	0:39:18	BEATIE, Darren	Dudley & Kingswinford AC M35	M35	8
51	0:39:27	HIBBITT, David	Worcester AC M35	M60	4 1st M35
52	0:39:52	SMITH, Phil	Dudley & Kingswinford AC M35	M40	9
53	0:43:14	TAYLOR, Jeff	Tipton H M45	M60	5 3rd M45
54	0:44:38	EDWARDS, Anthony	Sparkhill H M55	M60	6
55	0:45:58	LLOYD, Adrian	Centurion RC M35	M60	7
56	0:48:19	ELWELL, Michael	Cobra RC M55	M60	8

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**Results for 6k Women and Men 65+**

Pos	Time	Name	Club		Age	Team
1	0:24:56	KINSEY, Gwen	Stroud & District AC W35	W35 - 39	1	
2	0:25:24	MARCHANT, Kerry	Staffs Moorlands AC W35	W35 - 39	2	1st W35
3	0:26:15	HOWARD, Christine	Matlock AC W35	W40 - 44	1	
4	0:26:19	GREENWAY, Tracey	Derby AC W35	W45 - 49	1	2nd W35
5	0:26:27	RAMSEY, Kate	Charnwood AC W35	W40 - 44	2	
6	0:26:34	SALT, Adela	Staffs Moorlands AC W35	W35 - 39	3	1st W35
7	0:26:47	PIDGEON, Jane	Notts AC W45	W45 - 49	2	
8	0:26:54	SPENCER, Steph	Derby AC W35	W35 - 39	4	2nd W35
9	0:27:38	FORD, Martin	Cheltenham & Cty H M65	M65 - 69	1	
10	0:27:52	MCGARRY, Sharon	Derby AC W35	W35 - 39	5	2nd W35
11	0:27:54	TAWNEY, Susie	Leamington C & AC	W50 - 54	1	
12	0:27:55	ORME, Gordon	Birchfield H M65	M65 - 69	2	
13	0:27:58	WOOLLEY, Theresa	Centurion RC W35	W45 - 49	3	
14	0:28:01	MUMFORD, Jayne	Coventry Godiva H W45	W45 - 49	4	
15	0:28:02	PATTON, Graham	Massey Ferguson M65	M70 - 74	1	3rd M65
16	0:28:08	COPSON, Angela	Rugby & Northampton AC W45	W60 - 64	1	1st W45
17	0:28:10	WILDE, David	Worcester AC M65	M65 - 69	3	1st M65
18	0:28:11	HOPE, Debbie	Staffs Moorlands AC W35	W40 - 44	3	1st W35
19	0:28:20	LOCK, Glen	Wolverhampton & Bilston M65	M65 - 69	4	
20	0:28:21	MILES, Tracy	Worcester AC W45	W45 - 49	5	
21	0:28:23	MONAGHAN, Mick	Worcester AC M65	M65 - 69	5	1st M65
22	0:28:26	MORTON, Kathryn	Stroud & District AC W35	W50 - 54	2	
23	0:28:30	MATHER, Jackie	Long Eaton RC W45	W50 - 54	3	
24	0:28:32	BRADLEY, Debbie	Centurion RC W35	W35 - 39	6	
25	0:28:38	CARTER, Val	Birchfield H W45	W45 - 49	6	
26	0:28:43	JEFFRIES, Tony	Westbury H M65	M65 - 69	6	
27	0:28:44	KILKENNY, Christine	Cannock & Staffs AC W55	W55 - 59	1	1st W55
28	0:28:47	ALLEN, Paul	Halesowen C&AC M65	M65 - 69	7	
29	0:28:50	WILLIAMS, Kate	Rugby & Northampton AC W45	W50 - 54	4	1st W45
30	0:29:07	SAYER, Clive	Royal Sutton Coldfield AC M65	M65 - 69	8	2nd M65
31	0:29:09	SCARROTT, Yvonne	Harborough AC W45	W45 - 49	7	
32	0:29:13	JOHNSON, Andrew	Leamington C & AC M65	M65 - 69	9	
33	0:29:14	SWINDELLS, Barry	Malvern AC M65	M70 - 74	2	
34	0:29:24	PILLAR, Malcolm	Dudley & Kingswinford AC M65	M65 - 69	10	
35	0:29:26	BROOKS, Karen	Harborough AC W45	W50 - 54	5	
36	0:29:42	HUMPHERSON, Roy	Royal Sutton Coldfield AC M65	M65 - 69	11	2nd M65
37	0:29:46	DALE, Julie	Halesowen C&AC W35	W40 - 44	4	
38	0:29:57	WHITMARSH, Guy	Croft Ambrey AC M65	M65 - 69	12	
39	0:30:13	FELLOWS, Dot	Cannock & Staffs AC W55	W65+	1	1st W55
40	0:30:16	WILSON, Roger	Stratford on Avon AC M65	M70 - 74	3	
41	0:30:23	HEYWOOD, John	Huncote H & AC M65	M65 - 69	13	
42	0:30:32	HILL, Yvonne	Oswestry Olympians W45	W45 - 49	8	
43	0:31:19	JONES, Geoffrey	Worcester AC M65	M65 - 69	14	1st M65
44	0:31:57	GARNER, Patricia	Rugby & Northampton AC W45	W50 - 54	6	1st W45
45	0:32:07	DAVIES, Peter	Birchfield H M65	M65 - 69	15	
46	0:32:41	BRENNAN, Phil	Stratford on Avon AC M65	M65 - 69	16	
47	0:33:07	ROLLASON, Christine	Cannock & Staffs AC W55	W60 - 64	2	1st W55
48	0:33:22	JUKES, Terence	NSRRA M65	M70 - 74	4	
49	0:34:05	PARKINSON, Barbara	Rugby & Northampton AC W45	W60 - 64	3	
50	0:34:32	PYMM, Lesley	Bournville H W45	W55 - 59	2	

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Pos	Time	Name	Club		Age	Team
51	0:35:44	BURNS, Derek	Massey Ferguson M65	M65 - 69	17	3rd M65
52	0:36:39	JOHNSON, June	Leamington C & AC W55	W65+	2	
53	0:36:55	STANLEY, Mike	MMAC M65	M65 - 69	18	
54	0:37:31	PHILLIPS, David	Massey Ferguson M65	M65 - 69	19	3rd M65
55	0:38:00	HOUGH, Grace	Telford H W45	W60 - 64	4	
56	0:38:25	KIDMAN, Gavin	Sparkhill H M65	M70 - 74	5	
57	0:39:06	BUTLER, John	Stratford on Avon AC M65	M65 - 69	20	
58	0:41:49	KYD, Bunny	Royal Sutton Coldfield AC M65	M70 - 74	6	2nd M65
59	0:45:04	ESTICK, Peter	Massey Ferguson M65	M70 - 74	7	
60	0:45:27	ELWELL, Ursula	Cobra RC W55	W55 - 59	3	