



MIDLAND MASTERS AC RELAYS



Sunday, 14th April 2013 – Start at 11.00 am

Licence No: 2013-105065

Open to UKA Registered athletes

Donisthorpe Woodland Park, Church Street, Donisthorpe DE12 7PX

The course is off-road on shale tracks over a 2 lap, 2.45k leg. There are limited changing facilities, refreshments and Carvery Lunches are available plus a Bar

Race is followed by AGM at 1.00 pm. All Members are requested to attend.

M35-44, M45-54, Four to run; M55, M65, M75+, W35, W45, W55+ Three to run
Prizes A & B Teams and Fastest Leg (two laps per leg)

Extent of prize list is dependent on the number of entries. Special prize for Composite Team on the day.

Entry fees: £12.00 per team for M35-54; £9.00 per team all others.

Individual entry £3.00 ea.



MMAC Road Relays 2013

To:

MMAC Relay Entries Secretary, 111 Cooks Lane, Kingshurst, Birmingham B37 6NU

Club: _____

Number of Teams

Entry Fee £

M35+

M45+

M55+

M65+

M75+

W35+

W45+

W55+

Contact email: _____

Team Managers to declare teams on the day

Total Fees: £ _____

Signed (Team Manager) _____

Individual Entry

Name

DOB

Age Group

Club

Signed

Closing Date for Entries 6th April 2013

I enclose an s.a.e. 9"x 4" and cheque/PO payable to MMAC. Clubs may enter non-members (subject of course to the usual age requirement). Runners without a team may enter as individual (entry fee £3.00) and compete in composite teams on the day. All competitors must be fit to enter and run at their own risk with no liability for the organisers for injury, accident, damage or loss incurred.

IMPORTANT: Please indicate how many Carvery Lunches will be required